Summary of Medicare Physical Therapy Benefits

Thank you for choosing Rocklin Physical Therapy for your physical therapy services. In order to make the most of your time in physical therapy, and help you become an active participant in your rehabilitation, we would like to take the time to explain Medicare's guidelines for outpatient physical therapy.

Medical Necessity: Medicare covers physical therapy services that they determine to be medically necessary. Based on our understanding of Medicare guidelines, in order to show medical necessity, the following conditions must be met:

- You must be under the care of a physician.
- Measurable long and short-term treatment goals must be established, and must relate to your daily function and ability to care for yourself and/or significant other.
- Your condition must have the potential to improve, and documentation must support that measurable improvement is being made.
- The established goals must be met in a reasonable expected period of time.
- Maintenance exercise and treatment is **not** a covered benefit.

It is important that during the course of your care, you communicate with your physical therapist regarding your response to each physical therapy session, and participate in developing long and short term goals.

As a reminder, Medicare has a cap on the amount that they will pay for physical therapy each year. We will keep track of how much you have used in our office, but services with the following providers will also apply towards your cap:

- Physical therapy at another clinic
- Physical therapy at a hospital outpatient department
- Physical therapy at your doctor's office
- Physical therapy with home health (in some instances – ask us!!)
- Speech therapy
- Part B skilled nursing facilities
- Outpatient Rehab Facilities (ORFs)
- Rehab agencies (Comprehensive Outpatient Rehab Facilities (CORFs)

Please let us know if you receive any of the above services so that we can account for them.

If you have any questions, please do not hesitate to discuss them with your therapist or our front office personnel.